



FAST FACTS

**Name** Dr Jayne Bambit  
**Position** Director of Lavish Cosmetic Surgery Clinic  
**Qualifications** Extensive experience in cosmetic surgery, having trained with prominent cosmetic and plastic surgeons in Australia and the UK; Fellow of the Australasian College of Cosmetic Surgery  
**No. 1 tip for success** Honesty, integrity and professionalism

# Care and comfort

Jayne Bambit's desire to help others was evident at a young age

**Growing up, what career did you dream of?**  
 From my early teens I always wanted to help others and work in the medical field. I did first aid courses as a child and always had a toy doctor's kit. I used to pick flowers and take them to the old people in the local hospital.

**Is this what you pursued after school?**

I trained as a registered nurse before embarking on an overseas adventure. While I enjoyed nursing I felt I could do more. One of my first rotations as a nurse was in the operating theatre and I watched a plastic surgeon perform cosmetic surgery procedures. I loved it and that's when the seed was sown. While overseas I decided to try something completely different and got a job managing a piano bar in London. It was a lot of fun. I met some wonderful characters and it also helped me save my pennies so I could keep travelling. I saw some wonderful parts of the world but the lure of medicine was too much and I came back to Melbourne to study for six years. I have worked as a doctor since 1993 and, after my year as an intern, I pursued a career in surgery. I trained in cosmetic surgery from 1999 and obtained my Australasian College of Cosmetic Surgery fellowship in 2004.

**How did your working life unfold?**

After studying cosmetic surgery I worked in Sydney and Melbourne for a number of clinics. In search of a warmer climate and the objective to set up my own clinic I moved to the Coast and opened Lavish in 2006. While being director of the Mooloolaba clinic, I also consult in Melbourne, Hervey Bay and along the south-east Queensland sea border.

**What inspired you to set up your business?**  
 I had always wanted to set up my own clinic. Being one of the few female doctors with

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experience in cosmetic surgery, I wanted to establish a clinic that made women feel comfortable, relaxed and able to be open about discussing concerns and issues all women experience. I'm so glad I did. I find it so rewarding and the clinic is exactly what I imagined many years ago while freezing and battling traffic in Sydney.

**What's the one thing you know now that you wish you had known then?**

There aren't a lot of females practising cosmetic surgery. Often I am the odd one out in a very male-dominated industry. I wish I knew during my studies what I know now — be confident in your skills and remain strong. And surround yourself with experts, the best of the best. Don't try and do everything yourself.

**What is a typical day like?**

My day is never typical. It's always very busy. I split my time between Mooloolaba, Melbourne, Hervey Bay and Gympie. I consult with patients, perform surgeries or meet with office managers to run through day-to-day operations and discuss patient welfare.

**What are the best and worst parts of the job?**

The best part is working with patients to achieve a result that satisfies their needs. Making women feel good about themselves is most satisfying. The worst part would have to be the ongoing administration. I would much rather meet with patients and leave this area to my accomplished team.

**What are your goals for the future?**

I have just moved into my new home in Mooloolaba and can't wait to potter around and make it my little retreat by the sea. Workwise I plan to grow the business and have plenty of ideas for the future in the industry.

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